



INFORMATION

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Booragoon

WELCOME

#lightthefuse

WELCOME TO TNT ALL STARS, PERTH'S LARGEST AND MOST PRESTIGIOUS CHEERLEADING GYM!

JOIN US IN OUR 6TH SEASON!

TNT is thriving after 5 exciting seasons and ready to make an even larger impact in 2019. Our program offers everything from recreational classes to our world championship teams. Cheering with TNT All Stars provides athletes with a safe and positive learning environment run by dedicated coaches that lead our industry.

Our state of the art facility provides athletes with the best possible training environment. Athletes will learn the foundations of cheer bringing together aspects of gymnastics, acrobatics and dance. Our athletes learn dedication and resilience while building self-esteem and confidence.

OUR FAMILY CULTURE THRIVES
THROUGHOUT THE GYM
BRINGING ATHLETES TOGETHER
AND CREATING LIFE-LONG
FRIENDSHIPS!

WHY IS TNT THE BOMB?

- We offer a unique experience that you will only find here!
- Our coaches have years of experience in the sport
- We offer all levels 1-6 and all age groups
- We have perth's premier coed program
- We offer over 15 tumbling classes each term
- We offer athletes the opportunities to travel with cheerleading
- We offer a junior coaches program encouraging our younger athletes to share their knowledge with younger generations
- We bring over international guest instructors who are leaders in the industry



SAVE THE DATE!

DECEMBER 12TH - 14TH

TEAM PLACEMENTS

AGES 4-6

LEVEL 1
THURSDAY 13TH
4-5PM

AGES 7-8

LEVEL 1
WEDNESDAY 12TH
4-5PM
OR
FRIDAY 14TH
4-5PM

AGES 9-11

LEVEL 1
THURSDAY 13TH
5:15-6:15PM
OR
FRIDAY 14TH
4-5PM

AGES 12-14

LEVEL 1
THURSDAY 13TH
6:30-7:30PM
OR
FRIDAY 14TH
4-5PM

AGES 15+

LEVEL 1/BEGINNER
/NON TUMBLE
FRIDAY 14TH
7:30-8:30PM

LEVEL 2

AGE 13 & UNDER
WEDNESDAY 12TH
5:15-6:15PM
AGE 14+
FRIDAY 14TH
5:15-6:15PM

LEVEL 3

AGE 13 & UNDER
WEDNESDAY 12TH
6:30-7:30PM
AGE 14+
FRIDAY 14TH
6:30-7:30PM

LEVEL 4

ALL AGES
THURSDAY 13TH
7:45-8:45PM

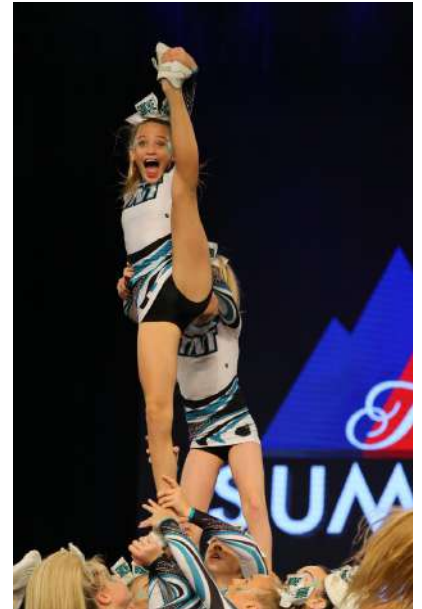
LEVEL 5

ALL AGES
WEDNESDAY 12TH
7:30-8:30PM

LAST CALL

ALL AGES
FRIDAY 14TH
7:30-8:30PM

When attending level tryouts you must meet the requirements on page 3.



THE PROCESS IS SIMPLE!

STEP 1

Attend ONE of the above tryouts based on what age you will be turning in 2019, or check the level requirements found on page 3. Don't worry tryouts are fun and easy and we will teach you everything you need to know.

STEP 2

Attend registration day on December 15th to find out which team you made and accept your placement. Registration day runs from 8am-12pm and your registration time will be emailed Friday the 14th.

STEP 3

You are all done! We will email you any further information regarding your team. Skills camps will be held in January and practices start week 1 of the Term.

WHAT DO I BRING?

- Wear comfortable athletic clothes & shoes
- Take off all jewellery and piercings
- Tie hair up in a pony tail/bun
- Water bottle
- A SMILE!

CAN'T MAKE IT?

DONT WORRY! Just contact info@tntallstars.com.au with your age as of 2019 and we will invite you to a team practice or a personal tryout! Once you've attended a practice we will give you a call to get your athlete registered.

JOINING OUR FAMILY

OUR CORE VALUES



TRUST TRUST THE PROCESS	PERSISTENCE I WILL PERSIST UNTIL I SUCCEED
TEAMWORK TEAMWORK MAKES THE DREAM WORK	COMMUNICATION COMMUNICATION IS KEY

Our core family values guide coaches, athletes and parents to make our gym a safe and inclusive environment for all.

WHAT ARE LEVELS?

LEVELS

1 & NOVICE	2	3	4	4.2	5	6
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AGE GROUPS

EXTRA TINY 3 & 4	TINY 5 & 6	MINI 7 & 8	YOUTH 11 & UNDER	JUNIOR 14 & UNDER	SENIOR 10 - 18	OPEN 14 +
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Here at TNT we believe it is extremely important to level and age athletes correctly. Levels and age groups are set up by the international governing body (IASF) and set the standard for safety throughout the world. The tumbling level requirements below are intended to be used as a guide for team selection. Athletes should have these skills mastered when they attend that level tryout. It is also important to note that there are lots of factors that go into team creation, such as stunting ability, position and attitude, not just the tumbling requirements alone.

LEVEL REQUIREMENTS

LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 6
- NO REQUIREMENTS FOR BEGINNERS - BACK AND FRONT WALKOVER FOR FULLY COMPETITIVE TEAMS	- BACK HANDSPRING (BHS) - BACK WALKOVER BHS - ROUND OFF MULTIPLE BHS	- 3 X BHS - JUMP TO BHS - ROUND OFF BHS BACK TUCK	- 1 OR 2 BHS TO LAYOUT - STANDING BACK TUCK - ROUND OFF BHS LAYOUT	- JUMP TO BACK TUCK - ROUND OFF BHS FULL - STAND 1 OR 2 BHS TO FULL - MALE AND FLYERS MUST HAVE LEVEL 5 EXPERIENCE

PROGRAMS

HERE AT TNT WE OFFER SOMETHING FOR EVERYONE! WE OFFER THREE DIFFERENT COMMITMENT LEVELS DEPENDING ON WHAT YOU AND YOUR ATHLETE NEEDS

RECREATIONAL

These teams practice for one hour per week and are non-competitive. This is a perfect place to learn the foundations of cheerleading without having to attend competitions. These teams will have a showcase at the end of the year to display everything they have learnt throughout the season.



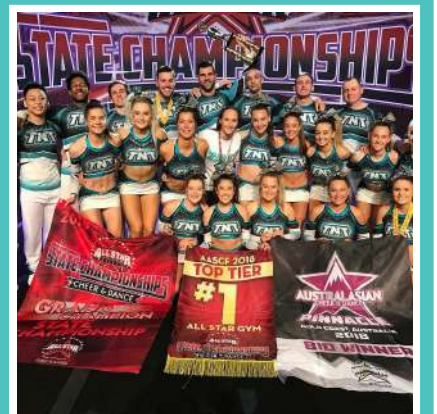
NOVICE

Our Novice program is a great place to start out as a competitive cheerleader. These teams have no requirements and will teach you all of the foundations of level 1. Novice teams do less hours than All Star teams but still compete in 3-4 competitions per season.



ALL STAR

TNT's prides itself on having one of the strongest All Star programs in the country. Our All Star teams range from level's 1-7 and all practice twice per week. Each team competes 6 times throughout the season and teams have the opportunity to travel both interstate and internationally. Our program also includes elite all girl, coed, and non tumbling teams making it inclusive for everyone!



TEAM INFORMATION

**NO EXPERIENCE NECESSARY!
EVERYONE MAKES A TEAM!**

TEAM NAME	DIVISON	LEVEL	TERM 1	TERM 2, 3 & 4
BABY BOMBS	3 YEAR OLDS	N/A	Thursday 9:30-10:15	Thursday 9:30-10:15
BOUNCY BOMBS	EXTRA TINY	NOVICE	Monday 3:45-4:45	Monday 3:45-4:45
TINY TICKERS	TINY	NOVICE	Thursday 4-5	Thursday 4-5
LEARN 2 CHEER	MINI	REC	Saturday 10:30-11:30	Saturday 10:30-11:30
LEARN 2 CHEER	JUNIOR	REC	Saturday 11-12	Saturday 11-12
FLOWER BOMBS	MINI	NOVICE	Wednesday 4-5 / Saturday 9-10:30	Wednesday 4-5 / Saturday 9-10:30
SPARKLERS	MINI	1	Tuesday 4-5:30 / Thursday 4-5	Tuesday 4-5:30 / Thursday 4-5
SUPERSONICS	YOUTH	NOVICE	Wednesday 4-5:30 / Saturday 9:30-11	Wednesday 4-5:30 / Saturday 9:30-11
FIRECRACKERS	YOUTH	1	Monday 4:30-6:30 / Thursday 4:30-6	Monday 4:30-6:30 / Thursday 4:30-6
DYNAMITE	JUNIOR	1	Wednesday 4:30-6 / Friday 4-6	Wednesday 4:30-6 / Friday 4-6
FLARES	JUNIOR	1	Monday 4:45-6:45 / Thursday 5-6:30	Monday 4:45-6:45 / Thursday 5-6:30
CHOCOLATE BOMBS	MINI	2	Wednesday 4:45-5:45 / Friday 4-5:30	Wednesday 4:45-5:45 / Sunday 11:30-1:30
SHOCKWAVES	JUNIOR	2	Wednesday 6-7:30 / Friday 5-7	Wednesday 6-7:30 / Sunday 11:30-2
NITROS	SENIOR	2	Tuesday 5:30-7:30 / Thursday 6:30-8	Thursday 6:30-8 / Sunday 1:45-4:15
GRENADES	OPEN	2	Tuesday 5:30-7 / Friday 6:30-8	Tuesday 5:30-7:30 / Friday 5:30-7
CANNONBALLS	JUNIOR	3	Monday 6-8 / Thursday 5:45-7:15	Monday 6-8 / Thursday 5:45-7:45
ATOMICS	SENIOR	3	Tuesday 5-7 / Friday 5-6:30	Tuesday 5-7 / Sunday 12:45-2:45
IGNITE	OPEN	3	Monday 6:30-8:30 / Wednesday 7:30-9:00	Monday 6:30-9 / Wednesday 7:30-9:00
SHELL SHOCK	OPEN	4.2	Tuesday 8-9:30 / Friday 6:30-8:30	Tuesday 8-9:30 / Friday 6:30-9
SENIOR SMOKE	SENIOR	4	Tuesday 6:30-9 / Thursday 7-9	Tuesday 6:30-8:30 / Sunday 2:30-5:30
C4	OPEN	4	Tuesday 6:30-9 / Thursday 7-9	Thursday 7-9:30 / Sunday 4-6:30
NUKES	OPEN	6	Monday 7:30-9:30 / Wednesday 6:45-9:30	Wednesday 6:45-9:30 / Sunday 5:30-8:30
BOMBSHELLS	SENIOR	5	STARTS TERM 3	TBA Term 3

Attendance is compulsory for every lesson as every athlete plays a vital role when one person is missing it means the team cannot practice to its full potential. In Term 1 we have an alternate schedule that is more family friendly with no Sundays and all level 2-6 teams train 30 minutes less. Once Term 2 begins we switch to our regular schedule and attendance is crucial as we begin choreography and head into competition season. We will have additional practices in January and during choreography week. These times will be given out to each team on registration day. Please note the final 3 practices leading up to any competition are classified as our FLASH OUT period and cannot be missed. If they are missed your athlete may not be able to compete or their position in the routine may be altered. Please make yourself familiar with the policy documents on our website for further information.

COMPETITION SCHEDULE

WA COMPETITIONS	TNT SHOWCASE JUNE 23	CHEER CON JUNE 29-30	AUSSIE GOLD AUG 10-11	AASCF STATES AUG 30 - SEPT 1	ATC STARZ SEPT 13-15	ATC SHOWDOWN NOV 1-3	CUA STARZ & STRIPES NOV 16-18
BOUNCY BOMBS							
TINY TICKERS							
FLOWER BOMBS SUPERSONICS							
SPARKLERS FIRECRACKERS FLARES DYNAMITE GRENADES IGNITE SHELL SHOCK							
SENIOR SMOKE CHERRY BOMBS SHOCK WAVES NIITROS CANNONBALLS ATOMICS C4 NUKES							

*Competition dates are subject to change | ATC Showdown is a 2 day event however novice/tiny teams will only compete once | Competition attendance is compulsory

TOURS 2019

THE PINNACLE, MELBOURNE
NOVEMBER 25TH

The Pinnacle is an invite only event hosted the Monday after Australian Nationals. If a team receives a Pinnacle bid during the season they will have the opportunity to go to Nationals on November 22nd-24th and the Pinnacle on November 25th. Teams will follow the bid receiving policy when a bid is awarded. Please see the policy pages on the website.



ANNUAL INVESTMENT

TEAM NAME	HOURS	REGISTRATION	TERM	COMPETITION	CHOREOGRAPHY
BABY BOMBS	0.45	\$50	\$150	N/A	N/A
BOUNCY BOMBS	1	\$125	\$175	\$130	N/A
TINY TICKERS	1	\$175	\$175	\$192	N/A
LEARN 2 CHEER	1	\$125	\$175	N/A	N/A
FLOWER BOMBS	2.5	\$175	\$310	\$249	N/A
SPARKLERS	2.5	\$175	\$310	\$467	N/A
SUPERSONICS	3	\$175	\$350	\$249	N/A
FIRECRACKERS	3.5	\$175	\$400	\$467	N/A
FLARES	3.5	\$175	\$400	\$467	N/A
DYNAMITE	3.5	\$175	\$400	\$467	N/A
CHERRY BOMBS	4	\$175	\$480	\$563	TBA
SHOCKWAVES	4	\$175	\$480	\$563	TBA
NITROS	4	\$175	\$480	\$563	TBA
GRENADES	3.5	\$175	\$400	\$467	TBA
CANNONBALLS	4	\$125	\$480	\$563	TBA
ATOMICS	4	\$125	\$480	\$563	TBA
IGNITE	4	\$175	\$480	\$467	TBA
SHELL SHOCK	4	\$175	\$480	\$467	TBA
SENIOR SMOKE	5	\$125	\$525	\$563	TBA
C4	5	\$125	\$525	\$563	TBA
NUKES	5.75	\$125	\$600	\$563	TBA
BOMBSHELLS	1.5	N/A	\$200	\$150	N/A

FEE DUE DATES

- REGISTRATION (DECEMBER 15TH, 2018)
- TERM 1 (DECEMBER 15TH, 2018)
- CHOREOGRAPHY (MARCH 1ST, 2019)
- TERM 2 (APRIL 1ST, 2019)
- COMPETITION FEES (JUNE 1ST, 2019)
- TERM 3 (JULY 1ST, 2019)
- TERM 4 (OCTOBER 1ST, 2019)
- MONTHLY OPTION AVAILABLE 10% FEE

DISCOUNTS

- YEAR IN FULL (5% OFF TERM FEES)
- SIBLING DISCOUNT (10% OFF TERM FEES)
- CROSSOVER ATHLETE (60% LOWER TEAM TERM FEES)
- REFER A FRIEND (\$50 TNT CREDIT)

ADDITIONAL FEES

- COMPETITION HAIR BOW (\$15-\$30 IN JUNE)
- CHEERLEADING SHOES (\$120, OPTIONAL FOR LEVEL 1)
- MAKE UP (\$30)
- UNIFORMS (ATOMICS, SENIOR SMOKE, C4 & NUKES \$350-\$450)

REFUND POLICY

- 0-10 DAYS AFTER FIRST PAYMENT TERM FEES ARE 80% REFUNDABLE
- AFTER 10 DAYS TERM FEES ARE NON-REFUNDABLE
- REGISTRATION FEE (NON REFUNDABLE)
- COMPETITION FEE (NON REFUNDABLE)
- 15 DAYS FEES OVERDUE LATE FEE IS APPLIED

Please refer to website for policies



TUMBLING AT TNT

WE OFFER CLASSES FROM BEGINNER TO ELITE LEVELS!

Tumbling is a very important part of competitive cheerleading! The term tumbling is used to describe the gymnastics elements you see in routines from cartwheels to back flips. Tumbling packages are available to all ages and abilities. Here at TNT we offer over 15 different tumbling classes each term for all levels. Although we work on tumbling in practices, we focus more on perfecting the skills the athletes will compete rather than new skills. If athletes are looking to gain new skills, or want to advance quicker through skills, please check out our tumbling packages below.

CLASS	DESCRIPTION	LENGTH	PRICE
PRIVATE LESSONS SEMI PRIVATE LESSONS	These lessons are with a coach that will instruct you through drills and skills just for you. They can be with 1 or 2 athletes and purchased in 5 or 10 packs. We ask that you arrive 15 minutes early to warm up.	30 MINUTES	\$50 EACH 5 PACK \$220 10 PACK \$400 GUEST COACH \$60EACH
GROUP TUMBLING	Group tumbling lessons have a smaller coach to athlete ratio and are specific to levels or skills. The class has a max number of 5 athlete to 1 coach.	45 MINUTES	\$25 PER SESSION *Paid by Term
TUMBLE CLUB	Tumble Club lessons have a max number of 8 athletes to 1 coach. Each athlete will work towards their goal while also perfecting basic tumbling technique.	1 HOUR	\$15 PER SESSION *Paid by Term
NINJAS *BOYS ONLY	Our Ninja Class is for BOYS ONLY. This class is specifically tailored for boys and involves teaching tumbling and tricking in a safe environment.	1 HOUR	\$15 PER SESSSION *Paid by Term
UNI CLUB	Uni Club is specifically tailored for university students and our TNT school program students. It is offered at a discounted rate and a student card must be shown on registration.	1 HOUR	\$12 PER SESSION *Paid by Term
OPEN GYM	Open Gym is a 1-2 hour time slot that allows athletes to work on any skills they wish. There is a coach that supervises the session and can be asked for help when needed. These times are designed for athletes to work skills or drills they are able to do confidently on their own.	1-2 HOURS	FREE FOR TNT MEMBERS \$5 NON MEMBERS

IMPORTANT INFORMATION

- ALL TUMBLE CLASSES ARE BOOKED ON A TERMLY BASIS, PLEASE SEE PAGE 9 FOR TERMLY SCHEDULE
- ALL ATHLETES THAT ARE NOT ALREADY TNT MEMBERS WILL HAVE A \$25 REGISTRATION FEE FOR INSURANCE
- BOOK A TUMBLE CLASS FOR THE YEAR AND RECEIVE A 10% DISCOUNT (PAID IN FULL). YOU WILL BE ABLE TO MOVE UP OR DOWN IN THE SAME CLASS STYLE
- PLEASE SEE POLICY PAGES ON THE WEBSITE REGARDING RE-BOOKING, INJURIES & CANCELLING LESSONS

IMPORTANT INFORMATION

YEARLY CALENDER

TERM 1		TERM 2	
15 December 2018	Registration Day/Fees Due	29 April	Term 2 Begins
14-18 January	Summer Training	12 May	Mothers Day (PRACTICES ON)
4 February	Term 1 Begins	8-14 May	TBA Choreography/Parent Meetings
11-15 February	Parent Meeting Week	1 June	Competition Fees Due
24 February	TNT Family BBQ	1-3 June	WA Day (GYM CLOSED)
2-4 March	Labour Day Long Weekend (GYM CLOSED)	23 June	TNT Showcase
1st April	Term 2 Fees Due	29 & 30 June	Cheer Con Competition
14-28 April	School Holidays (OPTIONAL CLASSES AVAILABLE)	1 July	Term 3 Fees Due
		7-21 July	School Holidays (OPTIONAL CLASSES AVAILABLE)

TERM 3		TERM 4	
22 July	Term 3 Begins	14 October	Term 4 Begins
27-30 July	Parent Meetings	19-22 October	Parent Meetings
10 August	Aussie Gold Competition	1-3 November	ATC Showdown Competition
30 & 31 August	AASCF States Competition	15 & 16 November	CUA Starz & Stripes Competition
1 September	Father Day (GYM CLOSED)	29 Nov - 2 Dec	AASCF Nationals/Pinnacle
13-15 September	ATC Starz Competition	4-6 December	Tryouts
29-13 Sept & October	School Holidays (OPTIONAL CLASSES AVAILABLE)	7 December	Team Reveal/Registration Day
1 October	Term 4 Fees Due	9-13 December	Team Parties & Daily Open Gym's
		14 December	Term Ends/Year End Explosion

ADDITIONAL PAYMENT INFORMATION

ALL STAR CHEER TEAMS: Fees are based on 38 weeks throughout the year
REGISTRATION FEE: insurance, shorts, t-shirt and competition uniform hire (if applicable)
TERM FEE: Team practices, summer practice & music
COMPETEITION FEES: Includes all WA competitions
CHOREOGRAPHY: Covers international coaches choreography

TUMBLING & RECREATIONAL CLASSES

ALL MONDAY TO FRIDAY CLASSES ARE 9 WEEK TERMS | ALL SATURDAY CLASSES ARE 7 WEEK TERMS
 PLEASE GO TO WWW.TNTALLSTARS.COM.AU TO VIEW TERM TUMBLING SCHEDULE AND SIGN UP

TNT COACHES



As we head into our 6th season at TNT All Stars we are so grateful to have such a wonderful group of experienced and dedicated coaches. Our coaches go above and beyond the expectations of our athletes and consistently help them grow into successful young adults. At TNT it is more than just coaching or cheerleading, we are all about creating a family!



Here at TNT your athlete will train in a safe and supportive environment all while having fun! Our coaches are passionate for the growth of cheerleading and have all trained at an elite level. Our program culture promotes positive role models and our coaches continuously assist athletes in achieving their goals and dreams.

Our coaches are annually certified in first aid and credentialed through the international governing body for cheerleading (IASF). We also go above and beyond by training our coaches through an intensive in house training program. This allows for consistency in technique and skill building within all of our teams.



TNT's number one priority is child safety. Our coaches are trained in child protection at the beginning of every year. We have a member's protection plan in place that ensures the safety of our athletes creating WA's first "child safe" cheerleading program.

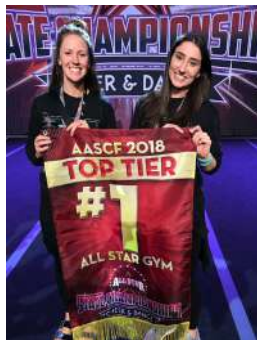
We also have a junior coaching program for our younger athletes to promote growth in our cheerleading community. This provides endless opportunities for future jobs in our quickly growing sport!



I love coaching at TNT because it allows me to connect and bond with the younger athletes in our program. I love giving kids the opportunity to fall in love with the sport that has shaped who I am today! I am passionate for cheerleading and excited to share my love for the sport through coaching.

- Maria

HOW TO CONTACT US?



0413 264 624 (Text or Call)



info@tntallstars.com.au



www.tntallstars.com.au



2/91 McCoy St, Booragoon, 6154

WHO SHOULD I CONTACT?

ALL GENERAL ENQUIRIES & REGISTRATIONS: info@tntallstars.com.au

FEE ENQUIRIES: ellie@tntallstars.com.au

TUMBLING ENQUIRIES & SIGN UP: tumbling@tntallstars.com.au

ABSENT/SICK ATHLETE: Please text 0413 264 624

WHEN IS IT BEST TO CONTACT TNT?

Please call us during regular business hours Monday-Friday 9am-5pm. If it is not urgent please email us instead and we will respond to you within 48 hours. Please note that although the gym is open after hours and on the weekend there is not always someone in the office during this time.