



**INFORMATION**

**PACK**

*Forrestdale*

# WELCOME

WELCOME TO TNT ALL STARS, PERTH'S LARGEST AND MOST PRESTIGIOUS CHEERLEADING GYM!

## JOIN US AT OUR NEW LOCATION

TNT is thriving after 5 exciting seasons and ready to open a second location in Forrestdale. Our program offers everything from recreational classes to our world championship teams. Cheering with TNT All Stars provides athletes with a safe and positive learning environment run by dedicated coaches that lead our industry.

Our state of the art facility provides athletes with the best possible training environment. Athletes will learn the foundations of cheer bringing together aspects of gymnastics, acrobatics and dance. Our athletes learn dedication and resilience while building self-esteem and confidence.

OUR FAMILY CULTURE THRIVES  
THROUGHOUT THE GYM  
BRINGING ATHLETES TOGETHER  
AND CREATING LIFE-LONG  
FRIENDSHIPS!

## WHY IS TNT THE BOMB?

- We offer a unique experience that you will only find here!
- Our coaches have years of experience in the sport
- We offer all levels 1-5 and all age groups
- We have perth's premier coed program
- We offer over 15 tumbling classes each term
- We offer athletes the opportunities to travel with cheerleading
- We offer a junior coaches program encouraging our younger athletes to share their knowledge with younger generations
- We bring over international guest instructors who are leaders in the industry



# TRYOUTS

DECEMBER 1<sup>st</sup> & JANUARY 29<sup>th</sup>

# COME & TRY DAYS

## STEP 1 - COME TO A TRYOUT

SATURDAY DECEMBER 1<sup>st</sup>

AGES 9-11

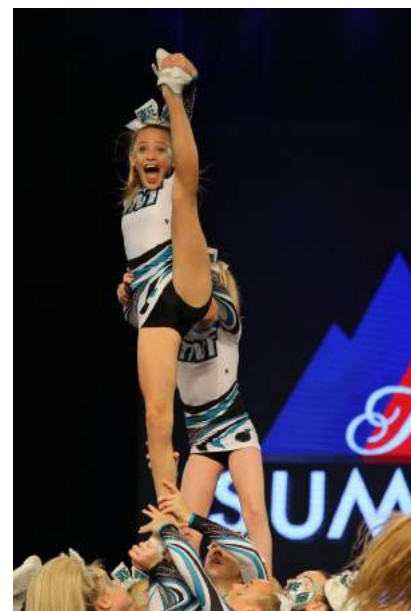
1:30-2:30PM

AGES 12-14

2:30-3:30PM

AGES 15+

3:30-4:30PM



## STEP 2 - SUMMER TRAINING

SUMMER TRAINING SCHEDULE

Our summer training schedule is a 5 week class run over November - January encouraging athletes to learn to cheer. Classes will be on a Tuesday based on age groups to get athletes ready for the 2019 season.

**\$100 includes all classes, insurance and a T-Shirt!**

November 20<sup>th</sup>, December 4<sup>th</sup> & 11<sup>th</sup>, January 15<sup>th</sup> & 22<sup>nd</sup>

AGES 5-8

4:00-5:00PM

AGES 9-13

5:00-6:00PM

AGES 14+

6:00-7:00PM

## STEP 3 - REGISTRATION DAY

JANUARY 29<sup>th</sup>

ALL AGES

5:00-6:00PM

*Come along to  
register for 2019!*

## STEP 4 - TERM BEGINS FEBRUARY 4TH

[WWW.TNTALLSTARS.COM.AU](http://WWW.TNTALLSTARS.COM.AU)

### WHAT DO I BRING?

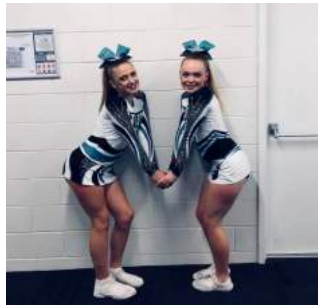
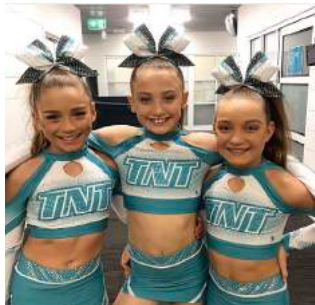
- Wear comfortable athletic clothes
- Wear sneakers
- Remove jewellery and piercings
- Tie hair up in a pony tail/bun
- Water bottle
- A SMILE!

### I CAN'T ATTEND?

DONT WORRY! Just contact [info@tntallstars.com.au](mailto:info@tntallstars.com.au) with your age as of 2019 and we will invite you to a team practice or a personal tryout! Once you've attended a practice we will give you a call to get your athlete registered.

# JOINING OUR FAMILY

# OUR CORE VALUES



**TRUST**  
TRUST THE PROCESS

**PERSISTENCE**  
I WILL PERSIST UNTIL I SUCCEED

**TEAMWORK**  
TEAMWORK MAKES THE DREAM WORK

**COMMUNICATION**  
COMMUNICATION IS KEY

Our core family values guide coaches, athletes and parents to make our gym a safe and inclusive environment for all.

## WHAT ARE LEVELS?

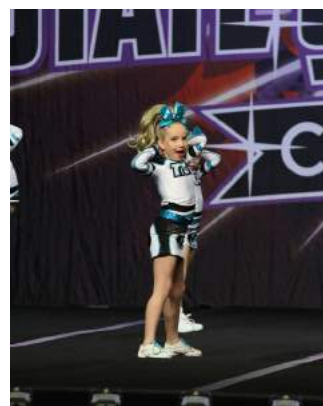
### LEVELS

1 & NOVICE	2	3	4	4.2	5	6
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### AGE GROUPS

EXTRA TINY 3 & 4	TINY 4 - 6	MINI 5 - 8	YOUTH 11 & UNDER	JUNIOR 14 & UNDER	SENIOR 10 - 18	OPEN 14 +
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Here at TNT we believe it is extremely important to level and age athletes correctly. Levels and age groups are set up by the international governing body (IASF) and set the standard for safety throughout the world.









**NO EXPERIENCE NECESSARY!  
EVERYONE MAKES A TEAM!**

# TEAM INFORMATION

TEAM NAME	DIVISON	LEVEL	TERM 1	TERM 2
BATH BOMBS	TINY	LEVEL 1/NOVICE	Thursday 4-4:45	Thursday 4-4:45
KABOOMS	MINI	LEVEL 1/NOVICE	Monday 4-5:15/Wednesday 4-5:15	Monday 4-5:15/Wednesday 4-5:15
FIREWORKS	YOUTH	LEVEL 1/NOVICE	Tuesday 4-5:30/Friday 4-5:30	Tuesday 4-5:30/Sunday 10:15-11:45
SHOCK FACTOR	MIXED AGE	REC/NOVICE	*taking expressions of interest	Wednesday 5:15-6:15
FIRE BOMBS	SENIOR	LEVEL 1/NOVICE	*taking expressions of interest	*taking expressions of interest
DYNAMITE	SENIOR	LEVEL 2	*taking expressions of interest	*taking expressions of interest
GUN POWDER	OPEN	LEVEL 2	Tuesday 5:30-8	Tuesday 5:30-8

Attendance is compulsory for every lesson as every athlete plays a vital role when one person is missing it means the team cannot practice to its full potential. Please note the final 3 practices leading up to any competition are classified as our FLASH OUT period and cannot be missed. Please see the policy documents on the website for further information.

## COMPETITION SCHEDULE

WA COMPETITIONS	TNT SHOWCASE JUNE 23	CHEER CON JUNE 29-30	AUSSIE GOLD AUG 10-11	AASCF STATES AUG 30 - SEPT 1	ATC STARZ SEPT 13-15	ATC SHOWDOWN NOV 1-3
KABOOMS						
FIREWORKS GUN POWDER						

\*Competition dates are subject to change | ATC Showdown is a 2 day event however novice/tiny teams will only compete once | Competition attendance is compulsory

## ANNUAL INVESTMENT

TEAM NAME	HOURS	REGISTRATION	TERM	COMPETITION	CHOREOGRAPHY
BATH BOMBS	0.75	\$50	\$130	*OPTIONAL	N/A
KABOOMS	2.5	\$175	\$280	\$192	N/A
FIREWORKS	3	\$175	\$315	\$273	N/A
SHOCK FACTOR	1	\$125	\$150	N/A	N/A
FIRE BOMBS	3.5	\$175	\$360	\$273	N/A
DYNAMITE	4	\$175	\$435	\$467	TBA
GUN POWDER	2.5	\$175	\$280	\$273	TBA



# TNT COACHES

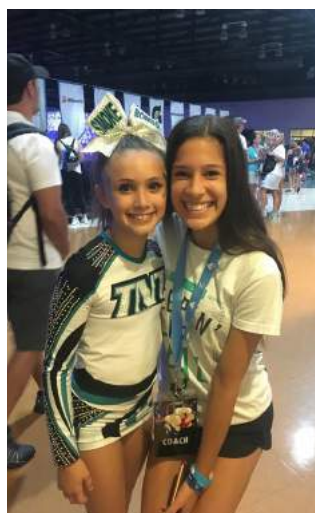
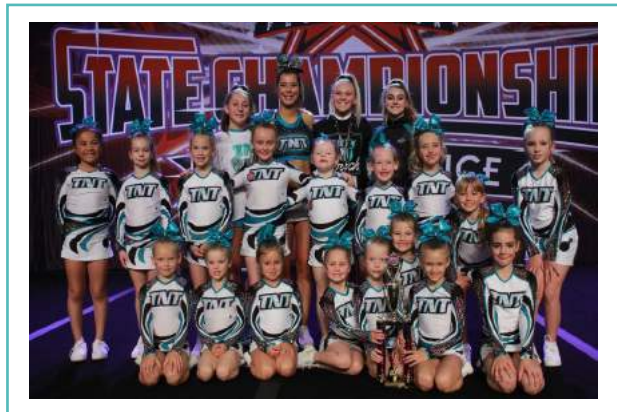
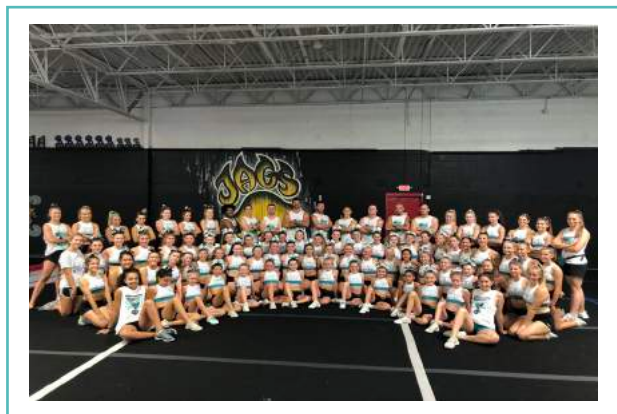
As we head into our 6th season at TNT All Stars we are so grateful to have such a wonderful group of experienced and dedicated coaches. Our coaches go above and beyond the expectations of our athletes and consistently help them grow into successful young adults. At TNT it is more than just coaching or cheerleading, we are all about creating a family!

Here at TNT your athlete will train in a safe and supportive environment all while having fun! Our coaches are passionate for the growth of cheerleading and have all trained at an elite level. Our program culture promotes positive role models and our coaches continuously assist athletes in achieving their goals and dreams.

Our coaches are annually certified in first aid and credentialed through the international governing body for cheerleading (IASF). We also go above and beyond by training our coaches through an intensive in house training program. This allows for consistency in technique and skill building within all of our teams.

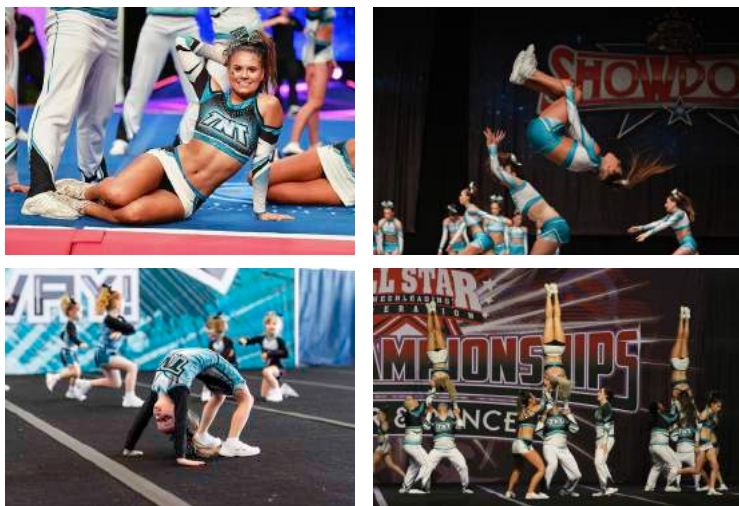
TNT's number one priority is child safety. Our coaches are trained in child protection at the beginning of every year. We have a member's protection plan in place that ensures the safety of our athletes, creating WA's first "child safe" cheerleading program.

We also have a junior coaching program for our younger athletes to promote growth in our cheerleading community. This provides endless opportunities for future jobs in our quickly growing sport!



*I love coaching at TNT because it allows me to connect and bond with the younger athletes in our program. I love giving kids the opportunity to fall in love with the sport that has shaped who I am today! I am passionate for cheerleading and excited to share my love for the sport through coaching.*

- Maria



# TUMBLING AT TNT

**WE OFFER CLASSES FROM BEGINNER TO ELITE LEVELS!**

Tumbling is a very important part of competitive cheerleading! The term tumbling is used to describe the gymnastics elements you see in routines from cartwheels to back flips. Tumbling packages are available to all ages and abilities. Here at TNT we offer over 15 different tumbling classes each term for all levels. Although we work on tumbling in practices, we focus more on perfecting the skills the athletes will compete rather than new skills. If athletes are looking to gain new skills, or want to advance quicker through skills, please check out our tumbling packages below.

CLASS	DESCRIPTION	LENGTH	PRICE
PRIVATE LESSONS SEMI PRIVATE LESSONS	These lessons are with a coach that will instruct you through drills and skills just for you. They can be with 1 or 2 athletes and purchased in 5 or 10 packs. We ask that you arrive 15 minutes early to warm up.	30 MINUTES	\$50 EACH 5 PACK \$220 10 PACK \$400 GUEST COACH \$60EACH
GROUP TUMBLING	Group tumbling lessons have a smaller coach to athlete ratio and are specific to levels or skills. The class has a max number of 5 athlete to 1 coach.	45 MINUTES	\$25 PER SESSION *Paid by Term
TUMBLE CLUB	Tumble Club lessons have a max number of 8 athletes to 1 coach. Each athlete will work towards their goal while also perfecting basic tumbling technique.	1 HOUR	\$15 PER SESSION *Paid by Term
NINJAS *BOYS ONLY	Our Ninja Class is for BOYS ONLY. This class is specially tailored for boys and involves teaching tumbling and tricking in a safe environment.	1 HOUR	\$15 PER SESSSION *Paid by Term
UNI CLUB	Uni Club is specially tailored for university students and our TNT school program students. It is offered at a discounted rate and a student card must be shown on registration.	1 HOUR	\$12 PER SESSION *Paid by Term
OPEN GYM	Open Gym is a 1-2 hour time slot that allows athletes to work on any skills they wish. There is a coach that supervises the session and can be asked for help when needed. These times are designed for athletes to work skills or drills they are able to do confidently on their own.	1-2 HOURS	FREE FOR TNT MEMBERS \$5 NON MEMBERS

## IMPORTANT INFORMATION

- ALL TUMBLE CLASSES ARE BOOKED ON A TERMLY BASIS, PLEASE SEE PAGE 8 FOR TERMLY SCHEDULE
- ALL ATHLETES THAT ARE NOT ALREADY TNT MEMBERS WILL HAVE A \$25 REGISTRATION FEE FOR INSURANCE
- BOOK A TUMBLE CLASS FOR THE YEAR AND RECEIVE A 10% DISCOUNT (PAID IN FULL). YOU WILL BE ABLE TO MOVE UP OR DOWN IN THE SAME CLASS STYLE
- PLEASE SEE POLICY PAGES ON THE WEBSITE REGARDING RE-BOOKING, INJURIES & CANCELLING LESSONS

# HOW TO CONTACT US?



**0413 264 624 (Text or Call)**



**info@tntallstars.com.au**



**www.tntallstars.com.au**



**2/11 Weedon Road, Forrestdale, 6112**

## WHO SHOULD I CONTACT?

ALL GENERAL ENQUIRIES & REGISTRATIONS: [info@tntallstars.com.au](mailto:info@tntallstars.com.au)

FEE ENQUIRIES: [ellie@tntallstars.com.au](mailto:ellie@tntallstars.com.au)

TUMBLING ENQUIRIES & SIGN UP: [tumbling@tntallstars.com.au](mailto:tumbling@tntallstars.com.au)

ABSENT/SICK ATHLETE: Please text 0413 264 624

## WHEN IS IT BEST TO CONTACT TNT?

Please call us during regular business hours Monday-Friday 9am-5pm. If it is not urgent please email us instead and we will respond to you within 48 hours. Please note that although the gym is open after hours and on the weekend there is not always someone in the office during this time.



# YEARLY CALENDER

# IMPORTANT INFORMATION

TERM 1		TERM 2	
29 January	Registration Day/Reg & Term 1 Fees Due	29 April	Term 2 Begins
4 February	Term 1 Begins	12 May	Mothers Day (PRACTICES ON)
11-15 February	Parent Meeting Week	13-20 May	TBA Choreography/Parent Meetings
24 February	TNT Family BBQ	1 June	Competition Fees Due
2-4 March	Labour Day Long Weekend (GYM CLOSED)	1-3 June	WA Day (GYM CLOSED)
1st April	Term 2 Fees Due	23 June	TNT Showcase
13-28 April	School Holidays (OPTIONAL CLASSES AVAILABLE)	29 & 30 June	Cheer Con Competition
		1 July	Term 3 Fees Due
		6-21 July	School Holidays (OPTIONAL CLASSES AVAILABLE)

TERM 3		TERM 4	
22 July	Term 3 Begins	14 October	Term 4 Begins
27-30 July	Parent Meetings & Parent Appreciation Week	19-22 October	Parent Meetings
10 August	Aussie Gold Competition	1-3 November	ATC Showdown Competition
30 & 31 August	AASCF States Competition	15 & 16 November	CUA Starz & Stripes Competition
1 September	Father Day (GYM CLOSED)	4-6 December	Tryouts
13-15 September	ATC Starz Competition	7 December	Team Reveal/Registration Day
28-13 Sept & October	School Holidays (OPTIONAL CLASSES AVAILABLE)	9-13 December	Team Parties & Daily Open Gym's
1 October	Term 4 Fees Due	14 December	Term Ends/Year End Explosion

## ADDITIONAL PAYMENT INFORMATION

**ALL STAR CHEER TEAMS:** Fees are based on 40 weeks throughout the year

**REGISTRATION FEE:** insurance, shorts, t-shirt and competition uniform hire (if applicable)

**TERM FEE:** Team practices, summer practice & music

**COMPETEITION FEES:** Includes all WA competitions

**CHOREOGRAPHY:** Covers international coaches choeography

FEE DUE DATES	DISCOUNTS	ADDITIONAL FEES	REFUND POLICY
<ul style="list-style-type: none"> <li>- REGISTRATION (JANUARY 29<sup>TH</sup>, 2019)</li> <li>- TERM 1 (JANUARY 29<sup>TH</sup>, 2019)</li> <li>- CHOREOGRAPHY (MARCH 1<sup>ST</sup>, 2019)</li> <li>- TERM 2 (APRIL 1<sup>ST</sup>, 2019)</li> <li>- COMPETITION FEES (JUNE 1<sup>ST</sup>, 2019)</li> <li>- TERM 3 (JULY 1<sup>ST</sup>, 2019)</li> <li>- TERM 4 (OCTOBER 1<sup>ST</sup>, 2019)</li> </ul>	<ul style="list-style-type: none"> <li>- YEAR IN FULL (5% OFF TERM FEES)</li> <li>- SIBLING DISCOUNT (10% OFF TERM FEES)</li> <li>- CROSSOVER ATHLETE (60% LOWER TEAM TERM FEES)</li> <li>- REFER A FRIEND (\$50 TNT CREDIT)</li> </ul>	<ul style="list-style-type: none"> <li>- COMPETITION HAIR BOW (\$15-\$30 IN JUNE)</li> <li>- CHEERLEADING SHOES (\$120, OPTIONAL FOR LEVEL 1)</li> <li>- MAKE UP (\$30)</li> <li>- UNIFORMS (ATOMICS, SENIOR SMOKE, C4 &amp; NUKES \$350-\$450)</li> <li>- OTHER TRAINING APPAREL (OPTIONAL)</li> </ul>	<ul style="list-style-type: none"> <li>- 0-10 DAYS AFTER FIRST PAYMENT TERM FEES ARE 80% REFUNDABLE</li> <li>- AFTER 10 DAYS TERM FEES ARE NON-REFUNDABLE</li> <li>- REGISTRATION FEE (NON REFUNDABLE)</li> <li>- COMPETITION FEE (NON REFUNDABLE)</li> <li>- 15 DAYS OVERDUE A LATE FEE IS APPLIED</li> </ul>

\*monthly option is available with a 10% fee