

2020 INFO PACK



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CHEER



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STREET
BOORAGOON



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WELCOME

TNT ALL STARS IS PERTH'S LARGEST AND MOST PRESTIGIOUS CHEERLEADING GYM! JOIN US IN OUR 7TH SEASON!

Every year at TNT we take things to the next level! We are excited and thriving after 6 years and ready to make an even bigger impact in our 7th season. TNT All Stars offers everything from recreational classes to competitive teams that take on the Worlds Stage. Cheering with TNT All Stars provides athletes with a safe and positive learning environment all while enjoying a fun and energetic atmosphere around the gym. We have a vibrant and energetic coaching staff that invest in each and every athlete. Our professional and loving staff continue to be leaders in the industry!

TNT Athletes learn the value of teamwork, dedication and resilience and will make life-long friendships! We know your athlete will be the bomb after joining one of our amazing teams or programs.

**OUR FAMILY CULTURE THRIVES THROUGHOUT THE GYM
BRINGING ATHLETES TOGETHER AND CREATING
UNSTOPPABLE BONDS BETWEEN TEAMMATES!**

Why is TNT the Bomb?

- New IASF Junior 2 Team
- New Non-Tumble Level 6 Team
- New Senior Level 5 Team
- New Strength & Conditioning Flyers Program
- Home of WA's largest Coed Program
- Offering 3 Future Worlds Teams
- Offer over 25 cheerleading teams so there is something for everyone
- Being part of a large & successful gym gives you limitless opportunities you will not get anywhere else
- Extensive tumbling program with over 20 classes to suit all levels
- Have the most loving and invested coaches who create the best environment for your athletes



TEAM PLACEMENTS

SAVE THE DATE! December 3rd-6th

STEP 1

Attend ONE of the below tryouts based on what age you will be turning in 2020, or check the level requirements found on page 4. There is a tryout fee of \$10, you will receive this off of your registration fee should you join one of our All Stars teams.

STEP 2

Attend registration day on Saturday December 7th to find out which team you made and accept your placement. Registration day runs from 8am-12pm and your registration time will be emailed Friday the 6th.

STEP 3

Attend your first 2020 team practice in the week December 9th-12th. Meet your team and get to know your coaches. Skills camps will be held in January and practices start week 1 of Term.

	Tuesday 3rd	Wednesday 4th	Thursday 5th	Friday 6th
BOORAGOON	Level 1/Beginner Ages 6-8 4-4:45pm	Level 1/Beginner Ages 9-12 4-4:45pm	Level 1/Beginner All Ages 4-4:45pm	Recall 5-5:30pm
	Level 2* Ages 12 & Under 5:00-5:45pm	Level 3* Ages 13 & Under 5:00-5:45pm	Level 2* Ages 13+ 5:00-5:45pm	IASF Junior 2 Summit Team** Ages 9-16 5:30-6:15pm
	Level 1/Beginner Ages 13+ 6:15-7:00pm	Level 4* All Ages 6:15-7:00pm	Level 3* Ages 14+ 6:15-7:00pm	
	Levels 5&6* All Ages 7:15-8:00pm	Open Non Tumble Level 3 + 7:15-8:00pm	Last Call All Ages & Levels 7:15-8:00pm	

	Tuesday 3rd
FORRESTDALE	Ages 6-8 4-4:45pm
	Ages 9-12 5:00-5:45pm
	Ages 13+ 6:00-6:45pm



5 Team Placement Tips

1. Wear comfortable athletic clothes & sneakers
2. Remove all jewellery
3. Tie hair up in a pony tail or bun
4. Don't forget a water bottle
5. Be sure to arrive 10 minutes early

Can't Make It?

DONT WORRY! Just contact info@tntallstars.com with your age as of 2019 and we will invite you to a team practice or a personal tryout! Once you've attended a practice we will give you a call to get your athlete registered.

* You must meet all of the level requirements on page 4 for the level to attend this tryout.
** This is a touring team so must be available for Summit 2021.

WHAT WE OFFER

SOMETHING TO SUIT EVERYONE!

Recreational

These teams practice for one hour per week and are non-competitive. This is a perfect place to learn the foundations of cheerleading without having to attend competitions. These teams will have a showcase at the end of the year to display everything they have learnt throughout the season.

Novice

Our Novice program is a great place to start out as a competitive cheerleader. These teams have no requirements and will teach you all of the foundations of level 1. Novice teams do less hours than All Star teams but still train twice a week and compete in 3-4 competitions per season.

All Star

TNT prides itself on having one of the strongest All Star programs in the country. Our All Star teams range from level's 1-6 and all practice twice per week. Each team competes 6 times throughout the season and teams have the opportunity to travel both interstate and internationally. Our program also includes elite all girl, coed, and non tumbling teams making it inclusive for everyone!

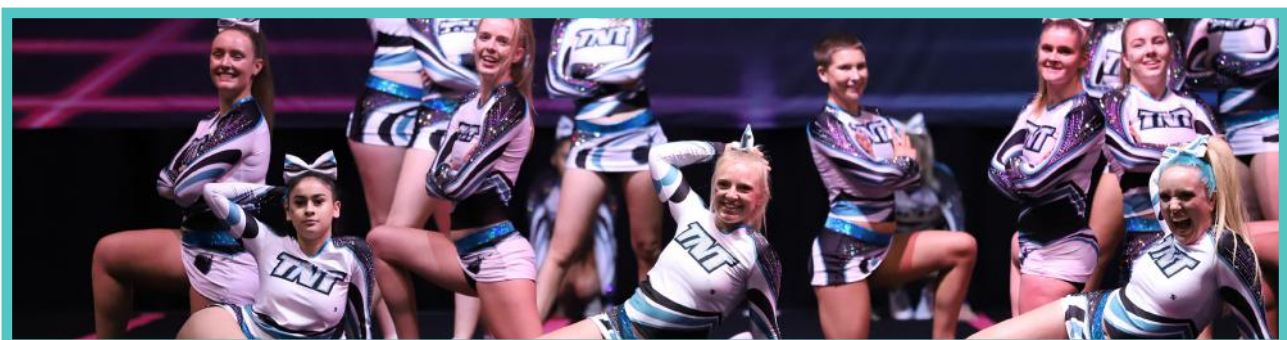
Tumbling

Our tumbling program caters to all ages and abilities. Whether looking to tumble for fun or increase your tumbling skills for cheerleading we have a class for you. With over 25 tumbling classes to choose from we have no doubt you'll find something suitable. Head to page 8 for more information.

All Star Level Requirements

Here at TNT we believe it is extremely important to level and age athletes correctly. Levels and age groups are set up by the international governing body (IASF) and set the standard for safety throughout the world. The tumbling level requirements below are intended to be used as a guide for team selection. Athletes should have these skills mastered when they attend that level tryout. It is also important to note that there are lots of factors that go into team creation, such as stunting ability, position and attitude, not just the tumbling requirements alone. For Recreational and Novice teams there are no requirements.

Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
<ul style="list-style-type: none"> - NO REQUIREMENTS FOR REC & NOVICE - BACK & FRONT WALK-OVERS FOR ALL STAR TEAMS 	<ul style="list-style-type: none"> - BACK HANDSPRING (BHS) - BACK WALKOVER BHS - ROUND OFF MULTIPLE BHS 	<ul style="list-style-type: none"> - 3 X BHS - TOE TOUCH TO BHS - ROUND OFF BHS BACK TUCK 	<ul style="list-style-type: none"> - 1 OR 2 BHS TO TUCK - STANDING BACK TUCK - ROUND OFF BHS LAYOUT 	<ul style="list-style-type: none"> - 1 OR 2 BHS TO LAYOUT - TOE TOUCH BACK TUCK - ROUND OFF BHS FULL TWIST 	<ul style="list-style-type: none"> - 2 BHS TO FULL TWIST - TOE TOUCH BACK TUCK - ROUND OFF BHS FULL TWIST



TEAM INFORMATION

BOORAGOON

TEAM NAME	DIVISON	AGE	LEVEL	TERM 1	TERM 2,3,4
LEARN 2 CHEER	MINI	5-8	REC	SAT 11:30-12:30pm	SAT 11:30-12:30pm
LEARN 2 CHEER	JUNIOR	9+	REC	SAT 11:30-12:30pm	SAT 11:30-12:30pm
BOUNCY BOMBS	EXTRA TINY	3-4	REC	MON 3:45-4:45pm	MON 3:45-4:45pm
TINY TICKERS	TINY	5 & 6	NOVICE	WED 4:00-5:00pm	WED 4:00-5:00pm
FLOWER BOMBS	MINI	6-8	NOVICE	THURS 4:00-5:00PM/SAT 9:00-10:00AM	THURS 4:00-5:00PM/SAT 9:00-10:00AM
SUPERSONICS	YOUTH	9-12	NOVICE	WED 4:00-5:30PM/SAT 10:00-11:30AM	WED 4:00-5:30PM/SAT 10:00-11:30AM
SPARKLERS	MINI	7 & 8	1	TUES 4:00-5:30PM/THURS 4-5:00PM	TUES 4:00-5:30PM/THURS 4-5:00PM
FIRECRACKERS	YOUTH	9-12	1	MON 4:00-6:00PM/THURS 4:30-6:00PM	MON 4:00-6:00PM/THURS 4:30-6:00PM
FLARES	JUNIOR	13-15	1	MON 4:15-6:15PM/THURS 5:00-6:30PM	MON 4:15-6:15PM/THURS 5:00-6:30PM
GUN POWDER	SENIOR	12-18	1	MON 5:45-7:15PM/FRI 5:30-7:30PM	MON 5:45-7:15PM/FRI 5:30-7:30PM
CHERRY BOMBS	YOUTH	8-12	2	WED 4:30-6:30PM/FRI 4:00-5:30PM	WED 4:30-6:30PM/FRI 4:00-6:00PM
SHOCK WAVES	JUNIOR	10-15	2	WED 5:00-7:00PM/FRI 5:00-6:30PM	WED 5:00-7:00PM/SUN 11:30-1:30PM
NITROS	SENIOR	11-18	2	TUES 5:30-7:30PM/THURS 6:30-8:00PM	THURS 6:30-8:00PM/SUN 1:45-2:45PM
DYNAMITE	IASF JUNIOR	8-16	2	TUES 4:00-6:00PM/FRI 5:00-6:30PM	TUES 4:00-6:00PM/FRI 5:00-7:00PM
GRENADES	OPEN	14+	NT 2	TUES 5:30-7:00PM/FRI 6:00-7:30PM	TUES 5:30-7:30PM/FRI 6:00-7:30PM
CANNONBALLS	JUNIOR	10-15	3	MON 6:00-8:00PM/THURS 5:45-7:15PM	MON 6:00-8:00PM/THURS 5:45-7:45PM
ATOMICS	SENIOR	11-18	3	TUES 5:30-7:30PM/THURS 5:45-7:15PM	TUES 5:30-7:30PM /SUN 12:45-4:15PM
IGNITE	OPEN	14+	3	MON 6:30-8:30PM /WED 7:30-9:00PM	MON 6:30-8:30PM/WED 7:30-9:30PM
SHELL SHOCK	OPEN	14+	4.2	MON 7:30-9:00PM/FRI 6:00-8:00PM	MON 7:30-9:30PM/FRI 6:00-8:00PM
SENIOR SMOKE	SENIOR	11-18	4	TUES 6:30-8:30PM/FRI 6-8:30PM	TUES 6:30-8:30PM/SUN 2:30-5:30PM
C4	OPEN	14+	4	TUES 7:30PM-9:30PM/THURS 7:00-9:30PM	THURS 7:00PM-9:30PM/SUN 4:00-6:30PM
XPLOSION	OPEN	14+	NT 6	TUES 7:30-9:30PM/THURS 7:00-8:30PM	TUES 7:30-9:30PM/SUN 6:30-8:30PM
BOMBSHELLS	SENIOR	11-18	5	MON 6:00-8:30PM/WED 5:30-7:30PM	MON 6:00-8:30PM/SUN 11:30-2:30PM
NUKES	OPEN	14+	6	MON 6:45-9:30PM/WED 6:45-9:30PM	WED 6:45-9:30PM/SUN



















FORRESTDAL

TEAM NAME	DIVISON	AGE	LEVEL	TERM 1	TERM 2,3,4
LEARN 2 CHEER	YOUTH	5-12	REC	THURS 5:30-6:30PM	THURS 5:30-6:30PM
TINY TIME BOMBS	TINY	4-6	NOVICE	TUES 3:45-4:45PM	TUES 3:45-4:45PM
KABOOMS	MINI	6-8	NOVICE	MON 4-5:15PM/WED 4-5:15PM	MON 4-5:15PM/WED 4-5:15PM
FIREWORKS	YOUTH	8-12	1	MON 5-6:30PM/WED 5-6:30PM	MON 5-6:30PM/WED 5-6:30PM
FIRE BOMBS	YOUTH	8-12	2	TUES 4:45-6:45 PM/THURS 4-5:30PM	TUES 4:45-7:15PM/THURS 4-5:30PM
TORPEDOES	YOUTH	6-12	NOVICE	N/A	FRI 4:00-5:30PM
SHOCK FACTOR	SENIOR	10+	NOVICE	N/A	FRI 5:30-7:00PM

Attendance Policy

Attendance is compulsory for every lesson as every athlete plays a vital role in the team. When one person is missing it means the team cannot practice to its full potential. In Term 1 we have an alternate schedule that is more family friendly with no Sunday practices and all level 2-6 teams train 30 minutes less. Once Term 2 begins we switch to our regular schedule and attendance is crucial as we begin Choreography and head into competition season. We will have additional practices in January and during choreography week. These times will be given out to each team on registration day. Please note the final 3 practices leading up to any competition are classified as our FLASH OUT period and cannot be missed. If they are missed your athlete may not be able to compete or their position in the routine may be altered. Please make yourself familiar with the policy documents on our website for further information.

COMPETITIONS

WA COMPETITIONS	TNT Showcase Sept 20th	ATC Showdown Oct 30th, 31st & Nov 1st	CUA Nov 14th & 15th
BOUNCY BOMBS			
TINY TICKERS TINY TIME BOMBS KABOOMS			
TORPEDOES SHOCK FACTOR			
FLOWER BOMBS SUPERSONICS FIREWORKS GUN POWDER			
SPARKLERS FIRECRACKERS FLARES GRENADES IGNITE SHELL SHOCK			
CHERRY BOMBS SHOCK FACTOR SHOCKWAVES NITROS CANNONBALLS FIRE BOMBS ATOMICS SENIOR SMOKE C4 BOMBSHELLS XPLOSION NUKES			

*Competition dates are subject to change | ATC Showdown is a 2 day event however novice/tiny teams will only compete once | Competition attendance is compulsory

NATIONAL TOUR 2020

The Pinnacle is currently postponed.

Travelling Opportunities Postponed Due to COVID

Pinnacle and the policy

SUMMIT

Our IASF Junior teams have the opportunity to win a Summit Bid during the 2020 season to then compete at the Summit in 2021.



ANNUAL INVESTMENT

BOORAGOON

TEAM NAME	HOURS	REG FEE	UNIFORM HIRE/PURCHASE	TERM FEE	COMP FEE	CAMP FEE
LEARN 2 CHEER	1	\$50	N/A	\$175	N/A	N/A
BOUNCY BOMBS	1	\$100	\$75	\$175	TBA	N/A
TINY TICKERS	1	\$100	\$75	\$175	TBA	N/A
FLOWER BOMBS	2.5	\$100	\$75	\$310	TBA	N/A
SPARKLERS	2.5	\$100	\$75	\$310	TBA	\$70
SUPERSONICS	3	\$100	\$75	\$350	TBA	N/A
FIRECRACKERS	3.5	\$100	\$75	\$400	TBA	\$70
FLARES	3.5	\$100	\$75	\$400	TBA	\$150
GUN POWDER	3.5	\$100	\$75	\$400	TBA	\$150
CHERRY BOMBS	4	\$100	\$75	\$480	TBA	\$70
SHOCK WAVES	4	\$100	\$75	\$480	TBA	\$150
NITROS	4	\$100	\$75	\$480	TBA	\$150
DYNAMITE	4	\$100	\$75	\$480	TBA	\$150
GRENADES	3.5	\$100	\$75	\$400	TBA	\$150
CANNONBALLS	4	\$100	\$250-350	\$480	TBA	\$150
ATOMICS	4	\$100	\$350	\$480	TBA	\$150
IGNITE	4	\$100	\$250-\$350	\$480	TBA	\$150
SHELL SHOCK	4	\$100	\$250-\$350	\$480	TBA	\$150
SENIOR SMOKE	5	\$100	\$350	\$525	TBA	\$150
C4	5	\$100	\$350	\$525	TBA	\$150
XPLOSION	4	\$100	\$350	\$480	TBA	\$150
BOMBSHELLS	5	\$100	\$350	\$525	TBA	\$150
NUKES	5.75	\$100	N/A	\$600	TBA	\$150

FORRESTDALE

TEAM NAME	HOURS	REG FEE	UNIFORM HIRE/PURCHASE	TERM FEE	COMP FEE	CAMP FEE
LEARN 2 CHEER	1	\$50	N/A	\$155	TBA	N/A
TINY TIME BOMBS	1	\$100	\$75	\$155	TBA	N/A
KABOOMS	2.5	\$100	\$75	\$280	TBA	N/A
FIREWORKS	3	\$100	\$75	\$315	TBA	\$70
FIRE BOMBS	4	\$100	\$75	\$435	TBA	\$70
TORPEDOES	1.5	\$45	N/A	\$180	TBA	N/A
SHOCK FACTOR	1.5	\$45	N/A	\$180	TBA	N/A

FEE INFO

DUE DATES

- REGISTRATION (DECEMBER 7TH, 2019)
- TERM 1 (DECEMBER 7TH, 2019)
- TERM 2 (APRIL 1ST, 2020)
- COMPETITION FEES (JUNE 1ST, 2019)
- TERM 3 (JULY 1ST, 2019)
- TERM 4 (OCTOBER 1ST, 2019)
- MONTHLY OPTION AVAILABLE 10% FEE
- UNIFORM FEE (1ST MARCH)

DISCOUNTS

- YEAR IN FULL (5% OFF TERM FEES)
- SIBLING DISCOUNT (10% OFF TERM FEES)
- CROSSOVER ATHLETE (60% LOWER TEAM TERM FEES)
- REFER A FRIEND (\$50 TNT CREDIT)

PAYMENT INFO

- TERM FEE INCLUDES TEAM PRACTICES, MUSIC, 37 WEEKS IN TOTAL YEAR
- \$100 REGISTRATION INCLUDES INSURANCE, SHORTS & T-SHIRT
- COMPETITION FEES INCLUDE ALL WA COMPETITIONS
- CHOREOGRAPHY COVERS INTERNATIONAL GUESTS
- COMPETITION FEES HAVE A 15% LEVY INCLUDED TO COVER COACHES ON THE DAY

OTHER COSTS

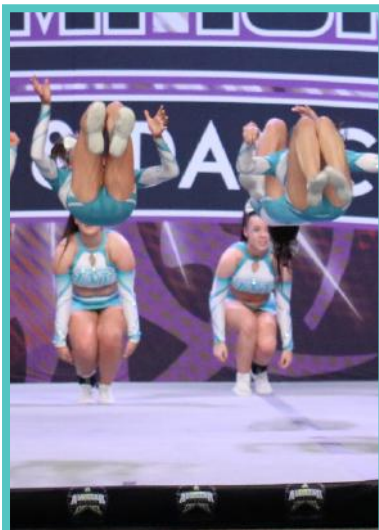
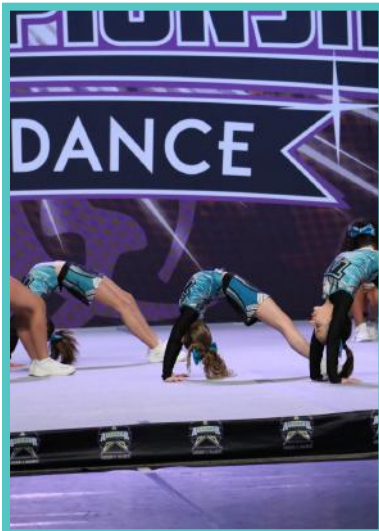
- COMPETITION HAIR BOW (\$15-\$30 IN JUNE)
- CHEERLEADING SHOES (\$120, OPTIONAL FOR LEVEL 1)
- CHOREOGRAPHY FEE FOR LEVELS 2+ (TBA)
- MAKE UP (\$30)
- UNIFORMS (LEVELS 3+)
- CAMP (ALL STARS MINI AND ABOVE TEAMS)

TUMBLING

WE OFFER CLASSES FROM BEGINNER TO ELITE LEVELS!



Tumbling is a very important part of competitive cheerleading! The term tumbling is used to describe the gymnastics elements you see in routines from cartwheels to back flips. Tumbling packages are available to all ages and abilities. Here at TNT we offer over 20 different tumbling classes each term for all levels. Although we work on tumbling in practices, we focus more on perfecting the skills the athletes will compete rather than new skills. If athletes are looking to gain new skills, or want to advance quicker through skills, please check out our tumbling packages below.



Class	Description	Length	Price
Private Lessons/ Semi Private Lessons	These lessons are with a coach that will instruct you through drills and skills just for you. They can be with 1 or 2 athletes and purchased in 5 or 10 packs. We ask that you arrive 15 minutes early to warm up.	30 minutes	\$50 each 5 pack \$220 10 pack \$400
Group Tumbling	Group tumbling lessons have a smaller coach to athlete ratio and are specific to levels and skills. This class has a max number of 5 athletes to 1 coach.	45 minutes	\$25 per session
Tumble Club	Tumble Club lessons have a max number of 8 athletes to 1 coach. Each athlete will work towards their goal while also perfecting basic tumbling technique.	60 minutes	\$15 per session \$12*if you are a university student
Open Gym	Open Gym is a 1-2 hour time slot that allows athletes to work on any skills they wish. There is a coach that supervises the session and can be asked for help when needed. These times are desgined for athletes to work skills or drills they are able to do confidently on their own.	1-2 hours	Free for TNT members \$5 non members
Ninja Class Boys Tumble	Our Ninja Class is for BOYS ONLY. This class is specifiably tailored to boys and involves teaching tumbling and tricking in a safe environment.	60 minutes	\$15 per session

FEE INFO

- All tumble classes are booked on a termly basis, please see page 8 for term dates.
- All athletes that are not already TNT members will have a \$25 registration fee for insurance
- Please see policy pages on the website regarding re-booking, injuries & cancelling lessons

For booking email tumbling@tntallstars.com.au

YEARLY CALENDER

	DATE	WHATS ON
TERM 1	DECEMBER 7TH 2019	Registration Day (registration & term 1 fees due)
	JANUARY 16TH-18TH	Summer Training Camp (NEW TO 2020)
	FEBRUARY 3RD	Term 1 Begins
	FEBRUARY 3RD-10TH	NCA/Summit/Worlds Team Workshops
	FEBRUARY 23RD	Family BBQ
	FEBRUARY 25TH-MARCH 9TH	NCA Tour to Dallas
	FEBRUARY 29-MARCH 2ND	Labour Day Long Weekend: GYM CLOSED
	APRIL 1ST	Term 2 Fees Due
	APRIL 9TH	Last Practices
	APRIL 10TH - APRIL 27TH	SCHOOL HOLIDAYS
TERM 2	APRIL 28TH	Term 2 Begins
	APRIL 25TH-27TH	World Championships
	MAY 1ST-3RD	The Sun
	MAY 6TH-22ND TBA	Skills/Cher
	MAY 10TH	
	MAY 30TH-JUNE 1ST	GYM CLOSED
	JUNE 1ST	Competition Fees Due
	JUNE 1ST	TNT Showcase
	JUNE 1ST	Cheer Con Competition
	JULY 1ST	Last Practices (Term 2 Ends a week early as Stephs getting Hitched!)
TERM 3	JULY 4TH-12TH	Term 3 Fees Due
	JULY 4TH-12TH	SCHOOL HOLIDAYS
	JULY 20TH	Term 3 Begins
	JULY 24TH, 25TH, 26TH JULY 31ST, AUG 1ST & 2ND	Choeography
	AUGUST 8TH	All Things Teal Party & Nerf Night
	SEPTEMBER 5TH	Daddy Daughter Day
	SEPTEMBER 20TH	TNT Showcase
	OCTOBER 1ST	Term 4 Fees Due
	SEPT 27TH-OCT 11TH	SCHOOL HOLIDAYS
	TERM 4	OCTOBER 12TH
OCT 31ST-NOV 1ST		ATC Showdown
NOVEMBER 15TH-16TH		CUA Stars & Stripes
NOVEMBER 27TH-30TH		AASCF Nationals
NOVEMBER 29TH		Final Practices
DECEMBER 1-4TH		Tryouts
DECEMBER 5-6TH		Registration Day/ Year End Explosion

COVID Schedule was used

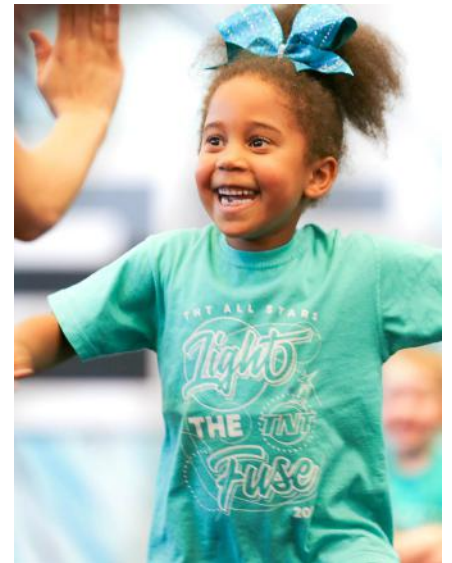
FAQ & CONTACT US

Where can we find the policies?

All policies can be found on iclass pro and on our website in the information centre. These policies must be accepted online via the parent portal at the start of the season.

Are TNT coaches trained?

Our coaches are annually certified in first aid, have working with children checks and credentialed through the international governing body for cheerleading (IASF). We also go above and beyond by training our coaches through an intensive in house training program. This allows for consistency in technique and skill building within all of our teams. TNT's number one priority is child safety. Our coaches are trained in child protection at the beginning of every year. We have a member's protection plan in place that ensures the safety of our athletes creating WA's first "child safe" cheerleading program.



What are TNT All Stars Core Values?

Our core family values guide coaches, athletes and parents to make our gym a safe and inclusive environment for all.

TRUST

TRUST THE PROCESS

PERSISTENCE

I WILL PERSIST UNTIL I
SUCCEED

TEAMWORK

TEAMWORK MAKES THE
DREAM WORK

COMMUNICATION

COMMUNICATION IS KEY



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