



# 2022 INFORMATION PACKAGE



4/2 Hensbrook Loop,  
Forrestdale, 6112



# WELCOME,

## A message from our owner, Steph

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### To our Current and Future TNT Families,

Welcome to season 9 of TNT All Stars! TNT is one of Perth's premier cheerleading clubs with locations in Booragoon & Forrestdale. After many years of cheer experience in Canada, I decided to open TNT as a place that could provide young athletes with the same love and experiences I had as an athlete. This sport is undeniably the most inclusive sport for all ages of athletes, that brings together a combination of teamwork, friendships and athleticism.

TNT is a place for like-minded athletes to share a love and passion for cheerleading. We pride ourselves on creating a family feel within our program. Behind the scenes TNT has a passionate group of encouraging coaches that go above and beyond for every athlete. Our coaches push the limits for their teams bringing home several state and national titles every year. We set the bar high and continue to strive for excellence every season. With over 30 teams to choose from, we certainly have something for YOU!

Here at TNT we believe our 4 core values create success within our program. Trust, Communication, Teamwork, and Persistence are something we tie together between our coaches, families and athletes to create a smooth season for all.

If lifelong friendships and a rewarding environment, driven by passion is what you're looking for, then you've come to the right place. TNT is an inclusive and caring program where dreams are made

We look forward to you joining our teal family!

# Steph

## Trust

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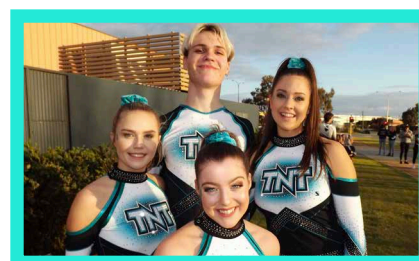
## Communication

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## Teamwork

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## Persistence

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# NEW FAMILIES

## You've decided to see what this explosion is all about?

Welcome to the Teal Family! We understand there is a lot of information and new terminology you may not understand. We've highlighted some important information below to help you out. If you have any questions or would like to set up a meet & greet to learn more, you can contact us anytime.



## WE CAN FACILITATE:

+ Zoom Meetings

+ Phone Calls

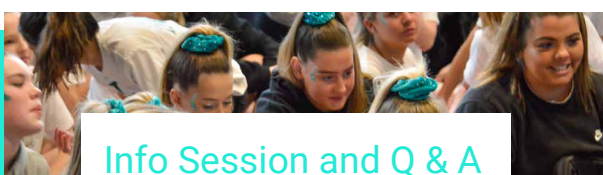
+ In House Meetings

To help you, every step of the way.



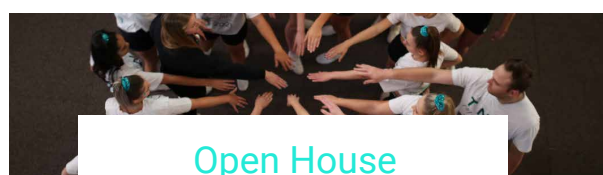
## IMPORTANT DATES:

BOORAGOON



Info Session and Q & A

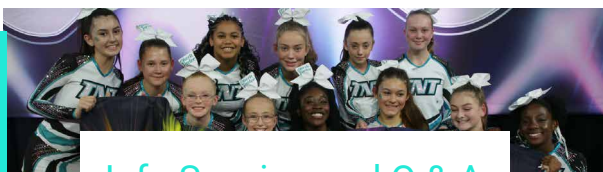
Saturday, 6 November  
12:45-1:45PM



Open House

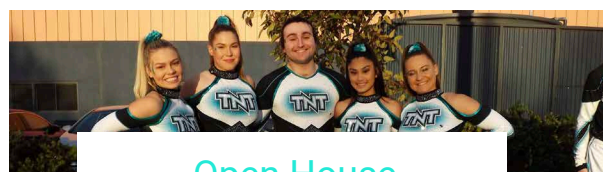
Saturday, 11 December  
9:30AM-10:30AM

FORRESTDALE



Info Session and Q & A

Saturday, 6 November  
3:30-4:30PM



Open House

Saturday, 11 December  
12:00-1:00PM



# WHAT PROGRAM IS RIGHT FOR ME?

Program:	Summary of Program:	Basic Information:
Recreational	This is the perfect place to learn the foundations of cheerleading without having to attend competitions.	<ul style="list-style-type: none"> <li>• Ages 2 - 12</li> <li>• Termly Commitment</li> <li>• 1 Practice per week</li> <li>• NO Competitions</li> </ul>
Semi Competitive (Novice)	Our Novice program is a great place to start out as a competitive cheerleader. These teams have no requirements and will teach you all of the foundations of level 1.	<ul style="list-style-type: none"> <li>• Ages 4 - 18</li> <li>• Annual Commitment</li> <li>• 1 Compulsory Practice per week</li> <li>• 4 Competitions</li> </ul>
Full Competitive (Levels 1-6)	TNT prides itself on having one of the strongest All Star programs in the country. Each team competes 6 times throughout the season and have the opportunity to travel both interstate and internationally. Our program also includes elite all girl, co-ed, and non tumbling teams making it inclusive for everyone!	<ul style="list-style-type: none"> <li>• Ages 6+</li> <li>• Annual Commitment</li> <li>• 2 Compulsory Practices per week</li> <li>• 6 Competitions</li> <li>• Potential travel involved (Nationals)</li> </ul>
Tumbling	An explosive extra that can be added to ANY Program	
Tumbling (All Levels)	Our tumbling program caters to all ages and abilities. Whether you are looking to tumble for fun or increase your tumbling skills for cheerleading we have a class for you. If you are joining a team we highly recommend you add a tumble class on the side to continue to gain new skills. Team practices will cater to improving the skills the athletes will be competing rather than learning new skills.	<ul style="list-style-type: none"> <li>• Ages 4+</li> <li>• Termly Commitment</li> <li>• Practice lengths vary depending on class</li> </ul>



# ATTENDING TRYOUTS

## NEW TO TNT:

1  
⋮  
↓

### Go to Parent Portal

Desktop version available through our [website](#) or the [iClass Pro](#) app.

2  
⋮  
↓

### Create a New Account

Make sure you include your most up to date contact details.

3  
⋮  
↓

### Book into a Tryout

Choose the [appropriate tryout](#), and pay tryout fee. [Email us](#) if you have any questions.

\$10 tryout fee will come off your 2022 registration if you enroll otherwise the cost of the tryout is \$10.

4  
⋮  
↓

### Attend your Tryout

Good luck, remember everyone makes a team!

5

### Wait for Team Reveal

Receive your team reveal text message by the night of Friday, December 10th.

## RETURNING:

1  
⋮  
↓

### Book into a Tryout

Go to the [Parent Portal](#), choose the [appropriate tryout](#), and pay the tryout fee.

2  
⋮  
↓

### Attend your Tryout

Good luck, remember everyone makes a team!

3

### Wait for Team Reveal

Receive your team reveal text message by the night of Friday, December 10th.



## ..... How To Register for 2022!

### I'm happy with my team!

Complete your registration, then pay camp & registration fees by December 12th.

### I have some questions?

Attend our open house, where you can chat to management and register in person.

### I wont be registering!

Please email us at [info@tntallstars.com.au](mailto:info@tntallstars.com.au) and let us know.

# FORRESTDALE 2022 TRYOUT SCHEDULE

\*Age as of December 31<sup>st</sup>, 2022

## Saturday 4<sup>th</sup> December

9:00 - 9:45 AM  
Ages 5 - 6  
Level 1/Beginner

10:00 - 10:45 AM  
Ages 7 - 8  
Level 1/Beginner

11:00 - 11:45 AM  
Ages 9 - 12  
Level 1/Beginner

## Thursday 9<sup>th</sup> December

4:30 - 5:15 PM  
All Ages  
Level 2 +

5:30 - 6:15 PM  
All Ages  
Level 1/Beginner

6:30 - 7:15 PM  
All Ages  
Level 3

\*\*Please refer to page 8 for level requirements



Division	Birth Year
Tiny	2015-2017
Mini	2013-2015
Youth	2009-2013
Junior	2006-2012
IASF Junior	2006-2011
Senior	2003-2011
IASF Senior	2004-2009
Open	2008 or earlier

\*Divisions/ages ranges may change depending on ACSA regulations

# LEVEL REQUIREMENTS FOR 2022

To attend a try out athletes must have all the "basic" skill requirements for that level. Athletes will then be allowed to show any extra elite skills or skills from the next level that they can currently perform. If they do not have all the basic skill requirements for a given level then they must attend a tryout session that they do have all the basic skill requirements for.

	Novice	Level 1	Level 2	Level 3	Level 4	Level 5
BASIC	No requirements	<ul style="list-style-type: none"> <li>Backward roll</li> <li>Back walkover</li> <li>Round off</li> </ul>	<ul style="list-style-type: none"> <li>Standing back handspring</li> <li>Back walkover to back handspring</li> <li>Cartwheel back handspring</li> <li>Power hurdle round off back handspring</li> </ul>	<ul style="list-style-type: none"> <li>Toe touch back handspring</li> <li>2x connected back handsprings</li> <li>Power hurdle round off back handspring back tuck</li> </ul>	<ul style="list-style-type: none"> <li>Back tuck</li> <li>2x back handsprings to back tuck</li> <li>Power hurdle round off back handspring back layout</li> </ul>	<ul style="list-style-type: none"> <li>Toe touch back tuck</li> <li>2x back handsprings to back layout</li> <li>Round off back handspring layout full</li> </ul>
ELITE	No requirements	<ul style="list-style-type: none"> <li>Back walkover (both legs)</li> <li>Front walkover-cartwheel-back walkover</li> <li>3x connected back walkover</li> <li>Switch leg back walkover</li> </ul>	<ul style="list-style-type: none"> <li>T jump to back handspring</li> <li>Backward roll back handspring</li> <li>Back handspring step out back walkover back handspring</li> <li>Round off to 3 back handsprings</li> <li>Front walkover round off 3 back handsprings</li> </ul>	<ul style="list-style-type: none"> <li>Jump to 3 back handsprings</li> <li>Front handspring to round off back handspring to back tuck</li> <li>Front tuck hurdle round off back handspring tuck</li> </ul>	<ul style="list-style-type: none"> <li>Back handspring back tuck</li> <li>Front handspring or front tuck step out round off back handspring to a layout</li> <li>Round off back handspring whip layout</li> </ul>	<ul style="list-style-type: none"> <li>Back handspring back layout</li> <li>2x back handspring whip back layout</li> <li>Front handspring or front tuck step out round off back handspring full</li> <li>Round off back handspring whip full</li> </ul>

## How is a Team made?

Here at TNT All Stars - Everyone makes a team! Cheerleading is one of the most inclusive sports in the world and we love that it gives endless opportunities to all athletes.

Here at TNT we believe it is extremely important to level and age athletes correctly. Levels and age groups are set up by the Australian Cheer Sport Alliance (ACSA) and set the standard for safety within Australia.

The tumbling level requirements above are intended to be used as a guide for tryouts only. Athletes should have these skills mastered when they attend that level tryout. For Recreational and Novice teams there are no requirements.

When choosing our teams we look at a number of different things. Cheerleading is a dynamic sport that includes stunting, tumbling, jumps & dance.

We look at tumbling skills as a starting point however we may fill spots in a team based on athletes strengths in other areas, such as stunting ability, positioning and attitude. Where some athletes may contribute more in tumbling, others may contribute more in stunting. Teams are chosen based on the positions needed to create a successful team. Remember, everyone plays a vital role in a team's exciting future!



# TEAM INFORMATION FOR 2022

Team Name	Age & Level	Practice Hours	Camp Date	Choreography Dates
Learn to Cheer	Age 6 - 8 Rec	1 Hour	N/A	N/A
Learn to Cheer	Age 9 - 12 Rec	1 Hour	N/A	N/A
Bouncy Bombs	Extra Tiny Rec	1 Hour	N/A	N/A
Tiny Time Bombs	Tiny Novice	1 Hour	N/A	28-29th May
Choc Bombs	Mini Novice	1.5 Hours	N/A	28-29th May
Supersonics	Youth Novice	2 Hours	N/A	28-29th May
Kabooms	Mini 1	2.75 Hours	29th January	28-29th May
Fireworks	Youth 1	3.5 Hours	28-30th January	28-29th May
Shock Factor	Senior 1	3.5 Hours	28-30th January	28-29th May
Fire Bombs	Junior 2	4 Hours	28-30th January	14th-22nd May

\* Team schedules will be given on registration











**\*\*Teams are determined by the athletes that attend tryouts. New teams will be created and added to both locations where needed**

\*\*\*Divisions/ages ranges may change based on ACSA regulations

Division	Birth Year
Tiny	2015-2017
Mini	2013-2015
Youth	2009-2013
Junior	2006-2012
IASF Junior	2006-2011
Senior	2003-2011
IASF Senior	2004-2009
Open	2008 or earlier



# COMPETITION SCHEDULE FOR 2022

	Semi Competitive (Novice)	Full Competitive
<b>TNT Annual Showcase</b> June 18th Curtin Stadium		
<b>Cheer Con Ice Breaker</b> June 25-26th HBF Stadium		
<b>Aussie Gold States</b> August 6-7th HBF Stadium		
<b>AASCF States</b> August 27-28th HBF Stadium		
<b>Cheer Con States</b> September 16-17th HBF Stadium		
<b>ATC Showdown</b> November 11-13th Perth Convention Centre		
<b>AASCF Nationals &amp; Pinnacle</b> November 26-28th Gold Coast Convention Centre		Worlds Teams & Teams awarded Pinnacle Bids throughout the season

\*Competitions are subject to change





# PRICING & ADDITIONAL PAYMENTS

Team Name	Registration Fee	Term fee	Camp Fee	Choreography Fee	Comp Fee
Learn to Cheer	\$50	\$180	N/A	N/A	N/A
Bouncy Bombs	\$50	\$180	N/A	N/A	N/A
Tiny Time Bombs	\$100	\$180	N/A	N/A	\$280
Choc Bombs	\$100	\$205	N/A	N/A	\$280
Supersonics	\$100	\$255	N/A	N/A	\$280
Kabooms	\$120	\$337	\$100 TBC	N/A	\$500
Fireworks	\$120	\$410	\$185 TBC	N/A	\$500
Shock Factor	\$120	\$410	\$185 TBC	N/A	\$500
Fire Bombs	\$120	\$475	\$185 TBC	TBC	\$500



	Registration Fee	Term Fees	Camp Fees	Choreography Fee	Competition Fee
DUE DATES	December 12th, 2021 (or upon registration for 1st class)	Term 1: January 15th, 2022 Term 2: April 1st, 2022 Term 3: July 1st, 2022 Term 4: October 1st, 2022	December 12th, 2021	May 1st, 2022	June 1st, 2022

# ADDITIONAL FEE INFORMATION

## Recreational Classes & Tumbling

**Registration fee:** This fee includes annual insurance & a 2022 T-shirt.

**Term Fees:** Term fees include all training fees.

## Semi Competitive Teams

**Registration fee:** This fee includes annual insurance, 2022 T-shirt, TNT shorts, training scrunchie and music licensing.

**Monthly/Term Fees:** These fees include all training fees and the choreography.

**Competition Fees:** Competition Fees include each competition the team will be attending as well as a coaches levy and team competition bow. This levy is in place to pay for our staff on competition days. Our Novice teams will attend the TNT Showcase plus 3 more competitions throughout our season.

**Competition Uniform:** Our semi competitive teams will pay a \$75 competition uniform hire fee. This fee includes your competition uniform hire throughout the season and the cleaning fees.

## Full Competitive Teams

**Registration fee:** This fee includes annual insurance, 2022 T-shirt, TNT shorts, training scrunchie and music licensing.

**Monthly/Term Fees:** Monthly/Term fees include all training fees (Level 1 teams term fees will also include additional choreography fees for choreography weekend).

**Choreography:** Choreography fee will be applied for Levels 2-6 teams and includes coaching/training during specific choreography week from

14th-22nd May.

**Camp Boombasics:** (This does not include Tiny Teams) Mini Teams camp includes a one day only camp & all food, all other teams camp includes 1 night accommodation and all food. Camp Boombasics is scheduled for Friday 28th to Sunday the 30th of January 2022.

**Competition Fees:** Competition Fees include each competition the team will be attending as well as a coaches levy and team competition bow. The coach levy is in place to pay for our staff on competition days.

**Competition Uniform:** Uniforms are on a 3 year cycle. 2022 will be year 2 of a 3 year cycle.

**Level 1-2:** White TNT Uniform (\$350).

**Level 3-4:** New Black Uniform (\$350).

**Worlds teams:** Worlds teams will have their own unique uniform (~\$350).



## 2022 Fees

You will notice a slight increase in our 2022 fees. The increase in price is due to larger facilities for both locations and a recent increase in coach wages under our award. We thank you for your understanding.

## Discounts

### Year In full:

5% off annual fees

### Crossover Athletes:

60% off lower priced team

### Sibling Discount:

\$50 Credit for each athlete per term on full competitive teams. \$20 Credit for each athlete per term on Semi Competitive teams.

## Additional Costs

### Competition Makeup:

\$30 from our Shock Shop

### Cheerleading Shoes:

Are compulsory for all full competitive teams.

They are optional for the semi competitive and recreational teams.

## Payment Policies

All of our payment policies and transaction fees can be found on the parent portal. [Click here](#) to be directed to all of our current policies.

We have monthly payment plans available on request. Fill out a [variation request](#) or [email us](#).

# TUMBLING & FLEX CLASSES



## WHY ADD TUMBLING?

Tumbling is a very important part of competitive cheerleading! The term tumbling is used to describe the gymnastics elements you see in routines from cartwheels to back flips. Tumbling packages are available for all ages and abilities. Here at TNT we offer over 30 different tumbling classes each term for all levels. Although we work on tumbling in practices, we focus more on perfecting the skills needed to compete, rather than new skills. If athletes are looking to gain new skills, or want to advance quicker through skills, please check out our tumbling options below.

## Private Lesson

These lessons are with a coach that will instruct you through drills and skills. They can be with 1 or 2 athletes and purchased in 5 or 10 packs. We ask that you arrive 15 minutes early to warm up.

### Pricing TBC

Lesson goes for 30 minutes

## Ninja Class Boys Tumble

Our Ninja Class is for BOYS ONLY. This class involves learning tumbling and flipping in a safe environment. This class has a max number of 10 athletes to 1 coach.

\$15 per class, averaging 9 classes per term, paid upfront in full before the first class

Lesson goes for 1 hour

## Group Tumbling

In this type of lesson there is a smaller coach to athlete ratio. They are structured for support with specific levels and skills. This class has a maximum number of 7 athletes to 1 coach.

\$25 per class, averaging 9 classes per term, paid upfront before the first class

Lesson goes for 45 minutes

## Flexi Cheerleader

This class is for athletes wanting to increase their strength and flexibility. This class includes skills such as splits, jump position and flyers shapes. This class has a maximum number of 10 athletes to 1 coach.

Free for all fully competitive team athletes

Lesson goes for 30 minutes

## Tumble Club

Our Tumble Club lessons have a maximum number of 10 athletes to 1 coach. Each athlete will be able to work towards their own goals while also perfecting their basic tumbling technique.

\$15 per class, averaging 9 classes per term, paid upfront in full before the first class

Lesson goes for 1 hour

## Open Gym

These sessions are for athletes who would like to work on skills or drills they are unable to do confidently on their own. There will be a coach supervising the session and they can be asked for help when needed.

Free for TNT athletes, \$5 for non-TNT members

Lesson goes for 1 hour



# IMPORTANT DATES 2022 SEASON

## SUMMER HOLIDAYS

4-9th Dec	Tryouts for our 2022 Season
11th Dec	Open House for Registration
12th Dec	Registration and Camp Fees Due
15th Jan	Term 1 Fees Due
10th-21st Jan	School Holiday Workshops and Day Camps (Optional)
28-30th Jan	Camp Boombasics (Compulsory for all Fully Competitive Mini Level 1 and above)

## TERM 1

31st Jan	Term 1 Begins
19th Feb	Annual TNT Family Day
5-7th Feb	Labour Day Long Weekend (Gym Closed)
1st April	Term 2 Fees Due
11-25th Apr	School Holiday Workshops and Day Camps (Optional)
23rd-25th Apr	Anzac Day Long Weekend (Gym Closed)

## TERM 2

26th Apr	Term 2 begins
1st May	Choreography Fees Due
14-22nd May	Choreography (Level 2 - 6 Teams)
28-29th May	Novice/Level 1 Team Choreography Weekend
1st June	Competition Fees Due
4-6th June	WA Day Long Weekend (Gym Closed)
18th June	TNT Showcase
24-26th June	Cheer Con Ice Breaker (Fully Competitive teams only)
1st July	Term 3 Fees Due
4-17th July	School Holiday Workshops and Day Camps (Optional)

# IMPORTANT DATES CONTINUED

## TERM 3

18th July	Term 3 Begins
6-7th Aug	Aussie Gold Competition (All teams competing)
26-28th Aug	AASCF States Competition (All teams competing)
16-18th Sep	Cheer Con States (Fully Competitive teams only)
1st Oct	Term 4 Fees Due
24th Sep-9th Oct	School Holiday Workshops and Day Camps (Optional)

## TERM 4

10th Oct	Term 4 begins
11-13th Nov	ATC Showdown Competition (All teams competing)
24-27th Nov	AASCF Nationals/Pinnacle (Worlds teams & Bid Winning teams)
Dec 2022 TBC	Term Ends
Dec 2022 TBC	Tryouts for 2023
Dec 2022 TBC	Team Reveals and Open House for New Families
Dec 2022 TBC	End of Year Explosion
Dec 2022 TBC	Meet your 2023 Teammates

# STAFF DIRECTORY

General Information: "Linda", [info@tntallstars.com.au](mailto:info@tntallstars.com.au)

Athletes, classes, teams: "Monique", [monique@tntallstars.com.au](mailto:monique@tntallstars.com.au)

Tumbling: "Mark", [tumbling@tntallstars.com.au](mailto:tumbling@tntallstars.com.au)

Fees & Accounts: "Ellie & Ash", [accounts@tntallstars.com.au](mailto:accounts@tntallstars.com.au)

Apparel, "Holly", [apparel@tntallstars.com.au](mailto:apparel@tntallstars.com.au)

Birthdays & Events, "Holly", [events@tntallstars.com.au](mailto:events@tntallstars.com.au)

Everything else, "Steph", [steph@tntallstars.com.au](mailto:steph@tntallstars.com.au)



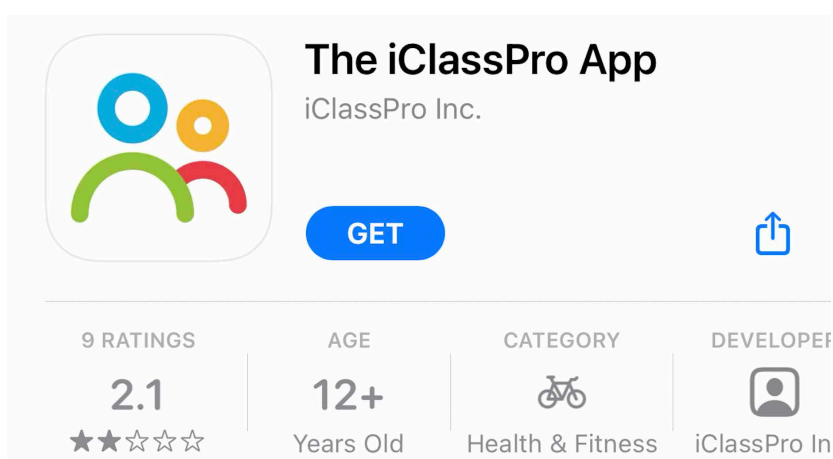
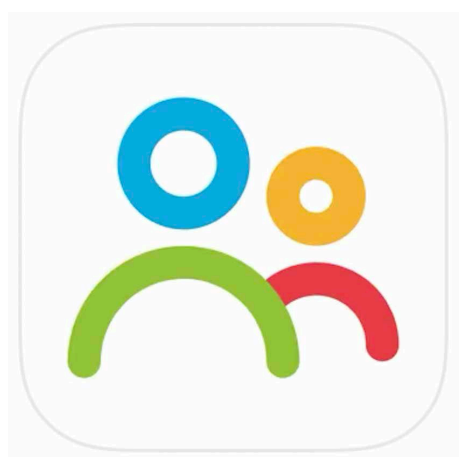
## Band

While all club information is emailed to enrolled families, we use an app called [Band](#) to keep in contact with all our teams directly and to reiterate club information. Coaches often send class updates, videos etc. as well as information about competitions & dress up days. This app is great as it allows us to have all the posting and messaging functions of other social media platforms in a more secure and child friendly setting.

Upon registration we require all athletes/parents to access the main "TNT All Stars" Band page and the athletes individual team page/s for 2022. This can be setup with a parent/guardian account, the athlete can have their own personal account or there is the option for you to set up both.

When you are creating your account please be sure to use your first and last name so we can confirm your enrollment and accept you into the group. Unfortunately we won't be accepting nicknames or first names only as we want to maintain the security of each Band. The codes for your team/s Band will be provided once your 2022 enrollment is complete.

The app is available on both [iOS](#) and [Android](#) platforms and can also be accessed on your [web browser](#).



## iClass Pro

We use [iClass Pro](#) for registration, payments, and online bookings for tumble, holiday & recreational classes. You can access the iClass Pro parent portal one of two ways, via the iCP App or on our website. For the app you will need our organisational name which is tntallstars2014. The app is available on both [iOS](#) and [Android](#) platforms.

### New to TNT?

Prior to the 10th of December 2021 you will be able to log on to the parent portal via one of the below platforms and click the "create an account" button. From here you can book into a tryout applicable to your age and skill level. If you are joining us after tryouts please contact [info@tntallstars.com.au](mailto:info@tntallstars.com.au) to discuss a skills assessment or your free trial in one of our classes.

Once you have created an account check out our ["how to" video tutorial](#) to help you access and use the portal with ease.



4/2 Hensbrook Loop, Forrestdale