



Attendance Policy Guidelines

“Flash-out” week. This is the last 3 practices in the lead up to any competition or showcase.

All Athletes:

- 1) All absences must be emailed/texted within reasonable time. This gives our coaches time to plan practices accordingly.
- 2) After 5 missed unexcused practices, athletes will have a meeting with the coach of the team and a program director to review their commitment to the team.
- 3) No absence will be allowed during the “Flash-out” week.
- 4) Should you miss a practice during the “Flash-out” week they will risk their position in the routine or their role may be altered. Athletes may be asked not to compete and will forfeit any competition fees paid.
- 5) Athletes must attend all competitions. If an athlete is away during a competition the coach and program directors must be made aware 2 months prior.

Levels 1-5:

- 1) Athletes receive 3 excused absences.
- 2) Once the 3 excused absences are used athletes will have a meeting with the Program Director to discuss their position on the team.
- 3) If athletes miss more than 3 practices their position may be replaced or changed to become a team alternate. Athletes may also be moved to another team.
- 4) Athletes must find a replacement for all missed practices (Junior/Senior level 1 & all ages levels 2-6).

Excused practices include school functions, funerals, and contagious illness.

Unexcused practices include bad days at school, work shift, social events, mild sickness (1 symptom only) and injury.